

# Covid restrictions: Changes in England from 19 July



No limit on meeting people but try to meet others outside where possible



People currently working from home should return to the workplace gradually



Nightclubs open and a return to full capacity for theatre and cinema audiences



Businesses and large events encouraged to use Covid-certification to limit the spread of the virus



Face coverings recommended in crowded public spaces, such as public transport



Social distancing no longer mandatory

# What has now changed in England?

## Social distancing

- No limits on **how many people can meet**
- 1m-plus guidance removed (except in some places like hospitals and passport control when entering)
- **Face coverings no longer required by law**, although the government still "expects and recommends" them in crowded and enclosed spaces
- Some **shops and transport operators will still require masks**

## Events and gatherings

- Nightclubs can reopen
- **Pubs and restaurants** no longer table-service only
- No limits on guests at **weddings** and funerals
- No limits on people attending concerts, theatres or sports events
- No restrictions on communal worship

## Travel

- Guidance **recommending against travel to amber list countries removed**. (Those returning from **France to England, Wales and Scotland must still quarantine for 10 days**)
- Under-18s and fully vaccinated adults **no longer have to self-isolate** after visiting amber list countries

## Other changes

**Limits on visitors to care homes** will be removed.

From 16 August, **most Covid restrictions in schools - including "bubbles"** - will end.

From the same date, fully vaccinated adults will **not need to self-isolate** after contact with a positive case.

# What guidance remains in place in England?

People should continue to meet others outside where possible.

Businesses such as nightclubs - and large events - **will be encouraged to use the NHS Covid Pass** to check people are fully vaccinated. However, they won't legally have to do so.

People working from home **will be encouraged to return to the workplace gradually**.